



**Updated 8/10/20**

It is in our highest interest to do our part in mitigating the spread of COVID-19 and providing safe & sound events for our participants, volunteers, staff and spectators of our events. We have developed extensive protocols that puts safety at the forefront.

These measures will be in place for events in Fall of 2020 at least through Spring of 2021. Due to the ever changing recommendations and limitations as a result of COVID-19, all of these plans, and the length of time that they are enforced, are subject to change.

## **1. Run Away Event Staff & Volunteer Safety Measures**

### **Staff & Volunteers Safety Measure**

- All Staff and Volunteers will need to check-in with the Run Away Events appointed COVID-19 Manager prior to starting their shift. This check-in includes:
  - Answering a series a questions to screen them for COVID-19 before starting their shift. These questions included at the conclusion of this document.
  - Staff and Volunteers are must take their own temperature before they come and may not report if they have a temperature of 100.4 degrees Fahrenheit or greater, COVID-19 symptoms, or have knowingly been in contact with someone who has been diagnosed with COVID-19 or has had COVID-19 symptoms in the past 14 days. Temperature must be taken without the use of fever-reducing or other symptom-altering medicines.
  - If a staff member or volunteer is not cleared to enter the event area, they will be encouraged to head to a COVID-19 testing site.
- All Race Staff & Volunteers will be
  - Required to wear a mask throughout the duration of the event.
  - Provided with and required to use hand sanitizer at least once an hour throughout the duration of the event.
  - Instructed and assigned to additional cleaning of frequently touched surfaces for the duration of the event
- Staff and volunteers will have very specific responsibilities to reduce contact with each other and cross-contaminating equipment.

### **Social Distancing Disclosures**

- Social distancing will be a priority between volunteers and staff. We will be adjusting our internal race preparations and race –day preparations to make this accommodation a priority as much as possible. However, please be aware in some situations with set-up,

## Run Away Event Volunteer Guidelines

less than the recommended distance of 6' may be necessary for a brief period of time between staff members.

- Staff & Volunteers will strive to maintain a distance of 6' from event participants. Because of the nature of the event, there may be times of passing between staff, volunteers and participants with less than 6' of distance between persons.

**Individual race pages will have specific safety details per area of the event.**

**Any Additional Questions or Concerns can be directed to**

**[events@runawayshoes.net](mailto:events@runawayshoes.net)**

### Run Away Events COVID-19 Screening Questions

#### Instructions:

1. Please take your temperature before coming to the race. If it is over 100.4 or if it has been over 100.4 degrees Fahrenheit at some point in the past 10 days, please do not attend the event. This must be without the use of fever-reducing medication.
2. **Do you have any of the following?**
  - Fever or chills
    - If you have symptoms of acute respiratory illness please contact X and stay home until you are free of fever (100.4° F [38.0° C] or greater using an oral thermometer), and any other symptoms for at least 24 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants).
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - new loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
  - Have contact with someone diagnosed with COVID-19?

If you have one or more symptom(s) that may be related to COVID-19 stay home and take care of yourself.